

## PROGRAM

1. Opening Prayers
2. Gurupaduka Stotra
3. Guru Shishya Parampara
4. Sri Chinmaya Stuti
5. Shodasha Upachara Puja
  - During Mantrabhisheka - Purusha Sukta
  - During Mantrapushpam - Tapovan Shatkam
  - After Mantrapushpam
    - (1) Satsang
    - (2) Reading from Gurudev's life
    - (3) Bhajans
6. Uttara Puja
7. Mangala Arathi
8. Chinmaya Arathi
9. Gita Chapter 15 Chanting
10. Prasad

## Pooja Preparation Guide

1. At the beginning
  - a. Remove all flowers offered the day before (निर्माल्य)
  - b. Wipe and clean the altar, the murti-s – Madhur Krishna, Ganapathi, Shank, Bell, Kalash
  - c. Decorate and beautify the altar with flowers, रङ्गगोली etc.
  - d. Fresh tilak to all guru-s photographs
  - e. Light two lamps on altar, dhoop
2. Pooja-samagari
  - a. Check the haldi-kumkum-akshata are topped up in the samagri box
  - b. Make Chandan paste
  - c. Top-up akshata in a separate cup
  - d. Clean and prepare pancha patra, one cup half filled with clean water, one empty
  - e. Make Scented Water (cooking camphor, kesari)
  - f. Two kumbh-s with fresh clean water, one of them warm
  - g. Two smaller arati-s with ghee vetted cotton batti-s
  - h. Large arati with smokeless camphor or ghee vetted batti
  - i. Dhoop and incense sticks
  - j. Cloth for vastram.
3. Flowers
  - a. Mala for paduka or Madhur Krishna
  - b. Mala-s for pictures of guru-s
  - c. Plate with small mala and flowers for Ganapathi
  - d. At least one bowl with individual 108 flowers for ashtottara
  - e. At least one bowl of loose flowers for yajaman for the puja
  - f. One bowl of leaves (patra-s) if possible, include Tulsi if available
  - g. One bowl of flowers for devotees to offer during arati and namaskar
4. Panchamruta for अभिषेक
  - a. Five separated small cups/katori-s with milk, yogurt, honey, sugar, ghee
  - b. Optional - Small cups/katori-s with scented water, coconut water, fresh-squeezed fruit juice
  - c. One bowl made panchamruta for devotees after puja
5. Pooja Altar
  - a. Two large plates, preferably silver
    - i. One of them deep for holding paduka-s and अभिषेक water
    - ii. Second decorated and ready to receive the paduka-s after अभिषेक
  - b. Two small stools/platforms (Janaki Kolady)

- c. Decorate, arrange both. Cloth, flowers, akshata. We will remove one of them after the अभिषेक.
- d. Ensure space for Ganapathi on the second.
- e. Place and light Diya-s

6. Logistics

- a. Seating for yajaman and family
- b. Seating for priest
- c. Hand towels for yajaman family and priest
- d. One clean dry towel for washing and wiping paduka-s
- e. Puja-vidhana and Ashtottara list for yajaman (if needed)
- f. Arathi Plates for Devotees

